



Kindred Connections Therapy Center

West Dayton's trusted source for
psychotherapy and counseling with
African American children, youth
and families impacted by trauma.



Who are we?

We are a group of expert mental health therapists qualified to the highest standards. Our therapists are independent in our style of working, but we share a common passion for therapy and a commitment to the emotional well-being of African American children, youth and families whose lives have been impacted by trauma.

With our new beginning in 2017, it is our goal to become a sought after and reputable network of clinicians who can provide culturally specific interventions to generational trauma.



The Knot of Reconciliation

Mpatapo represents the bond or knot that binds parties in a dispute to a peaceful, harmonious reconciliation. It is an Adinkra symbol of peacemaking after strife. This symbol is significant to us because it speaks to the collective need of our families to create peace in their connections with each other as well as the need for us to reconnect with ourselves in order to reconcile hurtful relationships that have caused our lives to be filled with guilt, shame, anger and resentment.



What we do?

We connect you with the most qualified clinical social workers and counselors that offer:

- Face-to-face counselling (short and long term)
- SKYPE & telephone counselling
- Cognitive Behavioral Therapy (as well as most other therapeutic approaches)
- Psychological Assessments
- Mental Health Diagnoses



Our Specialties?

Our therapists work with adults, couples, families, adolescents and children.

Areas of Specialty include (but not limited to):

Addiction, Drug and Alcohol Misuse

Anger Management

Anxiety

Bereavement, Grief and Loss

Child Behavioral Concerns

Child Sexual Abuse or Sexually Acting Out

Depression

Racial Battle Fatigue

Relationships Difficulties including Divorce and Separation

Same Sex Counselling

Self-Development / Life Coaching

Self-Esteem

Stress Management

Suicidal Thoughts

Trauma and Post Traumatic Stress Disorder

Work / Career Issues



Who can we help?

The clients who contact us are varied, although the majority are self-referred individuals or families working and living in and the greater Dayton area. Our therapists place a high priority on discretion and confidentiality for all clients.

What can we offer you?

- Our therapists have a proven track record of creating significant improvements in childhood behaviors, creating more enjoyable family interactions and engagement, and helping to improve the overall satisfaction with your life
- Our Therapists are dedicated to helping those who wish to heal from past trauma, improve family connections as well as their overall mood and emotional well being.

How to book?

Call us at: 937.421.1268 or email us at help@kindredtherapy.com for more information

Hours of Operation

Monday- Friday

10:00 am - 7:00 pm

Appointments are usually available within 48 hours of initial contact. Our therapist accept a range of insurance options including Medicaid. Call us today to see how we can help you.



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